

SPRING VALLEY HEALTH CARE CENTER SPRING WEEK 2

TIME		SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00 AM	Continental	Cereal of Choice Donut Fruit or Yogurt Juice, Coffee, Milk	Cereal of Choice Cinnamon Roll Fruit or Yogurt Juice, Coffee, Milk	Cereal of Choice Bran Muffin Fruit or Yogurt Juice, Coffee, Milk	Cereal of Choice Mini Donuts Fruit or Yogurt Juice, Coffee, Milk	Cereal of Choice Bran Muffin Fruit or Yogurt Juice, Coffee, Milk	Cereal of Choice Raisin Toast Fruit or Yogurt Juice, Coffee, Milk	Cereal of Choice Danish Fruit or Yogurt Juice, Coffee, Milk
11:00 AM	Brunch	Denver Scramble English Muffin <b>OR</b> Creamed Turkey Over Muffin Asparagus Citrus Salad  Milk/Coffee/Tea	Chicken Cheddar Casserole <b>OR</b> Beef Skillet Diced Beets Mandarin Oranges Bread of Choice  Milk/Coffee/Tea	Chili Hot Ham/Cheese <b>OR</b> Velvety Veg Soup Chicken Sandwich Cherry Salad Pickle Spear Crackers Milk/Coffee/Tea	Pancakes Sausage Patty <b>OR</b> Poached Egg Hash Brown Patty English Muffin Mixed Berries Grape Juice Milk/Coffee/Tea	Beef Stew Biscuit <b>OR</b> Waffles Bacon Cantaloupe Pineapple Juice Milk/Coffee/Tea	Clam Chowder Turkey Salad On Croissant <b>OR</b> Vegetable Beef Ham Salad On Croissant Bananas in Jell-O Milk/Coffee/Tea	Breakfast Casserole <b>OR</b> Chicken & Mac Salad Tomato Slices Watergate Salad Pumpkin Muffin Milk/Coffee/Tea
2 PM	Siesta	Blueberry Pie <b>OR</b> Peach Cup Juice and Coffee	Oatmeal Cookie <b>OR</b> Pear Cup Juice and Coffee	Watermelon <b>OR</b> Applesauce Cup Juice and Coffee	Pumpkin Pie Bar <b>OR</b> Banana Juice and Coffee	Rhubarb Sauce <b>OR</b> Fruit Cup Juice and Coffee	Magic Cookie Bar <b>OR</b> Pear Cup Juice and Coffee	Peach Cobbler Applesauce Cup Juice and Coffee
5:00 PM	Supper	Pork Roast <b>OR</b> BBQ Boneless Chicken Wings Mashed Potato Gravy Green Beans Fruit Cocktail Roll & Butter Milk/Coffee/Tea	Meatballs <b>OR</b> Country Steak Boiled Potato Gravy Rutabagas Sliced Pineapple With Cherry Bread of Choice Milk/Coffee/Tea	Ring Bologna <b>OR</b> BBQ Riblets Potato W/Lumps Creamed Corn Salad & Dressing Pear Half Light Rye Milk/Coffee/Tea	Breaded Pork Chop <b>OR</b> Salmon Fillet Honey Rice Pilaf California Blend Peaches in Jell-O  Bread of Choice Milk/Coffee/Tea	Chicken Kiev <b>OR</b> Ham Au-Gratin Potato Creamed Peas & Onions Roll W/Butter Ambrosia Salad Milk/Coffee/Tea	Fish Nuggets <b>OR</b> Chicken Strips Baked Potato Butter & SC Monte Carlo Blend Sliced Peaches Bread of Choice Milk/Coffee/Tea	Hamburger <b>OR</b> Hot Dog Sweet Pickle Baked Beans Tater Tots Diced Pears Creamy Cukes Milk/Coffee/Tea
7 PM	H/S	PB Sandwich Fruit or Sweet Juice of Choice	Tuna Sandwich Fruit or Sweet Juice of Choice	Chicken Sandwich Fruit or Sweet Juice of Choice	Bologna Sandwich Fruit or Sweet Juice of Choice	Cheese Sandwich Fruit or Sweet Juice of Choice	PB Sandwich Fruit or Sweet Juice of Choice	Egg Sandwich Fruit or Sweet Juice of Choice