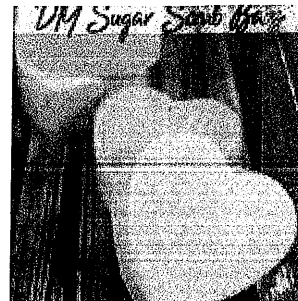


Sugar Scrub Bars

Practicing self care is so important and a great sugar scrub recipe makes that easy to do. This DIY sugar scrub recipe is less messy and leave your skin feeling amazing! All in an easy to use bar!



Prep Time	Cook Time	Dry Time	Total Time
10 mins	10 mins	2 hrs	2 hrs 20 mins

Course: DIY Beauty, DIY Gft Ideas Cuisine: American Keyword: Essential Oils, Sugar Scrub Recipes

Author: Stacy Williams Cost: 10.00

Equipment

- Silicone Heart Mold or any mold of your choice
- Cheese Grater or Food Processor
- Double Boiler or Small Metal Mixing Bowl
- Medium Saucepan

Ingredients

- 1/4 c. coconut oil
- 1/2 c clear melt and pour soap base shredded
- 4-5 drops essential oil of your choice
- 1 c granulated sugar
- red food coloring optional

Instructions

1. Shred melt and pour soap base. Melt over low heat. Once melted, add the coconut oil and red food coloring. Stir until fully melted and combined.
2. Remove from heat and add granulated sugar. Stir until fully incorporated and the mixture takes on a slushy consistency. Add essential oils until the scent you desire is reached.
3. Pour mixture into silicone molds.
4. Set aside and allow to dry fully. Store in an airtight container for up to 3 months.

Sugar Scrub Bars <https://sixdollarfamily.com/sugar-scrub-recipe-bars> December 24, 2019