

SPRING VALLEY HEALTH CARE CENTER SPRING WEEK ONE

TIME		SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00 AM	Continental	Cereal of Choice Blueberry Muffin Fruit or Yogurt Juice, Coffee, Milk	Cereal of Choice Donut Holes Fruit or Yogurt Juice, Coffee, Milk	Cereal of Choice Blueberry Muffin Fruit or Yogurt Juice, Coffee, Milk	Cereal of Choice Raisin Toast Fruit or Yogurt Juice, Coffee, Milk	Cereal of Choice Cinnamon Roll Fruit or Yogurt Juice, Coffee, Milk	Cereal of Choice Apple CC Fruit or Yogurt Juice, Coffee, Milk	Cereal of Choice Wheat Muffin Fruit or Yogurt Juice, Coffee, Milk
11:00 AM	Brunch	Sliced Turkey OR Country Steak Potato & Gravy Monte Carlo Blend Cranberry Salad Bread of Choice Milk/Coffee/Tea	Potato Soup Grilled Cheese OR Chili Hot Dog Plum Parfait Sweet Pickles Milk/Coffee/Tea	Fried Egg & Toast Hash Browns OR Pancakes Sausage Link Strawberries Apple Juice Milk/Coffee/Tea	Chicken Skillet OR Beef Stroganoff Peas Cornbread Honey & Butter Peach Salad Milk/Coffee/Tea	Brunch Bake OR Turkey Divan Diced Tomatoes Oatmeal Muffin Raspberries Milk/Coffee/Tea	Cheesy Fish/Bun OR BBQ On Bun Vegetable Soup Coleslaw Cherries Milk/Coffee/Tea	French Toast Ham Patty OR Chipped Beef Biscuit Tater Tots Frozen Fruit Cranberry Juice Milk/Coffee/Tea
2:00 PM	Siesta	Pumpkin Pie OR Applesauce Cup Juice and Coffee	PB Cookie OR Pear Cup Juice and Coffee	Fruit Salad OR Peach Cup Juice and Coffee	Oh Henry Bar OR Fruit Cup Juice and Coffee	Bread Pudding OR Applesauce Juice and Coffee	Pistachio Pudding OR Pear Cup Juice and Coffee	Chocolate Cake OR Fruit Cup Juice and Coffee
5:00 PM	Supper	Beef Medley OR Stuffed Pepper Diced Beets Roll & Butter Peach 1/2 & Jelly Milk/Coffee/Tea	Pork Cutlet OR Meatballs Boiled Potato Milk Gravy Baby Carrots Bananas in Jell-O Bread of Choice Milk/Coffee/Tea	Chicken & Dumpling OR Lasagna Wax Beans Salad & Dressing Garlic Toast Pear Slices Milk/Coffee/Tea	Ham OR Chicken Blue Scalloped Potato Sliced Beets Apricots Bread of Choice Milk/Coffee/Tea	Meatloaf OR Bologna Ketchup Baked Potato Butter & SC Country Blend Red Applesauce Bread of Choice Milk/Coffee/Tea	Roast Beef OR Pork Fritter Mashed W/Skins Gravy French Beans Blueberries With Topping Bread of Choice Milk/Coffee/Tea	Cheese Burger OR Brat Patty Tomato Slices Potato Bake California Blend Diced Peaches Milk/Coffee/Tea
7 PM	HS	Cheese Sandwich Fruit or Sweet Juice of Choice	Turkey Sandwich Fruit or Sweet Juice of Choice	PB Sandwich Fruit or Sweet Juice of Choice	Egg Sandwich Fruit or Sweet Juice of Choice	Ham Sandwich Fruit or Sweet Juice of Choice	Cheese Sandwich Fruit or Sweet Juice of Choice	Beef Sandwich Fruit or Sweet Juice of Choice