

**SPRING VALLEY HEALTH CARE CENTER SPRING WEEK ONE**

TIME		SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00 AM	Continental	Cereal of Choice Blueberry Muffin Fruit or Yogurt Juice, Coffee, Milk	Cereal of Choice Donut Holes Fruit or Yogurt Juice, Coffee, Milk	Cereal of Choice Blueberry Muffin Fruit or Yogurt Juice, Coffee, Milk	Cereal of Choice Raisin Toast Fruit or Yogurt Juice, Coffee, Milk	Cereal of Choice Cinnamon Roll Fruit or Yogurt Juice, Coffee, Milk	Cereal of Choice Apple CC Fruit or Yogurt Juice, Coffee, Milk	Cereal of Choice Strudel Stick Fruit or Yogurt Juice, Coffee, Milk
11:00 AM	Brunch	Sliced Turkey <b>OR</b> Country Steak Potato & Gravy Monte Carlo Blend Cranberry Salad Bread of Choice  Milk/Coffee/Tea	Potato Soup Grilled Cheese <b>OR</b> Chili Hot Dog Plum Parfait Sweet Pickles  Milk/Coffee/Tea	Fried Egg & Toast Hash Browns <b>OR</b> Beef Stroganoff Bread & Butter Mediterranean Blend Strawberries  Milk/Coffee/Tea	Pancakes Sausage Link <b>OR</b> Chicken Skillet Bread of Choice Peas Peach Salad  Milk/Coffee/Tea	Brunch Bake <b>OR</b> Turkey Divan Diced Tomatoes Cornbread Honey & Butter Raspberries  Milk/Coffee/Tea	Cheesy Fish/Bun <b>OR</b> BBQ On Bun Vegetable Soup Coleslaw Cherries  Milk/Coffee/Tea	French Toast Ham Patty <b>OR</b> Tater-Tot Hot dish Bread of Choice Wax Bean Frozen Fruit Cranberry Juice Milk/Coffee/Tea
2:00 PM	Siesta	Pumpkin Pie <b>OR</b> Applesauce Cup Juice and Coffee	PB Cookie <b>OR</b> Pear Cup Juice and Coffee	Fruit Salad <b>OR</b> Peach Cup Juice and Coffee	Oh Henry Bar <b>OR</b> Fruit Cup Juice and Coffee	Bread Pudding <b>OR</b> Applesauce Juice and Coffee	Pistachio Pudding <b>OR</b> Pear Cup Juice and Coffee	Chocolate Cake <b>OR</b> Fruit Cup Juice and Coffee
5:00 PM	Supper	Beef Medley <b>OR</b> Stuffed Pepper Diced Beets  Roll & Butter Peach 1/2 & Jelly  Milk/Coffee/Tea	Pork Cutlet <b>OR</b> Meatballs Boiled Potato Milk Gravy Baby Carrots Bananas in Jell-O Bread of Choice  Milk/Coffee/Tea	Chicken & Dumpling <b>OR</b> Lasagna  Salad & Dressing Garlic Toast Pear Slices  Milk/Coffee/Tea	Ham <b>OR</b> Chicken Blue Scalloped Potato Red Cabbage Apricots  Bread of Choice  Milk/Coffee/Tea	Meatloaf <b>OR</b> Bologna Ketchup Baked Potato Butter & SC Country Blend Red Applesauce Bread of Choice Milk/Coffee/Tea	Roast Beef <b>OR</b> Pork Fritter Mashed W/Skins Gravy French Beans Blueberries With Topping Bread of Choice Milk/Coffee/Tea	Cheese Burger <b>OR</b> Brat Patty Tomato Slices Potato Bake  Diced Peaches  Milk/Coffee/Tea
7 PM	H/S	Cheese Sandwich Fruit or Sweet Juice of Choice	Turkey Sandwich Fruit or Sweet Juice of Choice	PB Sandwich Fruit or Sweet Juice of Choice	Egg Sandwich Fruit or Sweet Juice of Choice	Ham Sandwich Fruit or Sweet Juice of Choice	Cheese Sandwich Fruit or Sweet Juice of Choice	Beef Sandwich Fruit or Sweet Juice of Choice