

SPRING VALLEY HEALTH CARE CENTER SPRING WEEK 2

TIME		SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00 AM	Continental	Cereal of Choice Donut Fruit or Yogurt Juice, Coffee, Milk	Cereal of Choice Cinnamon Roll Fruit or Yogurt Juice, Coffee, Milk	Cereal of Choice Bran Muffin Fruit or Yogurt Juice, Coffee, Milk	Cereal of Choice Mini Donuts Fruit or Yogurt Juice, Coffee, Milk	Cereal of Choice Bran Muffin Fruit or Yogurt Juice, Coffee, Milk	Cereal of Choice Raisin Toast Fruit or Yogurt Juice, Coffee, Milk	Cereal of Choice Danish Fruit or Yogurt Juice, Coffee, Milk
11:00 AM	Brunch	Denver Scramble English Muffin OR Creamed Turkey Over Muffin Asparagus Citrus Salad Milk/Coffee/Tea	Chicken Cheddar Casserole OR Beef Skillet Diced Beets Mandarin Oranges Bread of Choice Milk/Coffee/Tea	Chili Hot Ham/Cheese OR Velvety Veg Soup Chicken Sandwich Cherry Salad Pickle Spear Crackers Milk/Coffee/Tea	Pancakes Sausage Patty OR Poached Egg Hash Brown Patty English Muffin Mixed Berries Grape Juice Milk/Coffee/Tea	Beef Stew Biscuit OR Waffles Bacon Cantaloupe Pineapple Juice Milk/Coffee/Tea	Clam Chowder Turkey Salad On Croissant OR Vegetable Beef Ham Salad On Croissant Bananas in Jell-O Milk/Coffee/Tea	Breakfast Casserole OR Chicken & Mac Salad Tomato Slices Watergate Salad Pumpkin Muffin Milk/Coffee/Tea
2 PM	Siesta	Blueberry Pie OR Peach Cup Juice and Coffee	Oatmeal Cookie OR Pear Cup Juice and Coffee	Watermelon OR Applesauce Cup Juice and Coffee	Pumpkin Pie Bar OR Banana Juice and Coffee	Rhubarb Sauce OR Fruit Cup Juice and Coffee	Magic Cookie Bar OR Pear Cup Juice and Coffee	Peach Cobbler Applesauce Cup Juice and Coffee
5:00 PM	Supper	Pork Roast OR BBQ Boneless Chicken Wings Mashed Potato Gravy Green Beans Fruit Cocktail Roll & Butter Milk/Coffee/Tea	Meatballs OR Country Steak Boiled Potato Gravy Rutabagas Sliced Pineapple With Cherry Bread of Choice Milk/Coffee/Tea	Ring Bologna OR BBQ Riblets Potato W/Lumps Creamed Corn Salad & Dressing Pear Half Light Rye Milk/Coffee/Tea	Breaded Pork Chop OR Salmon Fillet Honey Rice Pilaf California Blend Peaches in Jell-O Bread of Choice Milk/Coffee/Tea	Chicken Kiev OR Ham Au-Gratin Potato Creamed Peas & Onions Roll W/Butter Ambrosia Salad Milk/Coffee/Tea	Fish Nuggets OR Chicken Strips Baked Potato Butter & SC Monte Carlo Blend Sliced Peaches Bread of Choice Milk/Coffee/Tea	Hamburger OR Hot Dog Sweet Pickle Baked Beans Tater Tots Diced Pears Creamy Cukes Milk/Coffee/Tea
7 PM	H/S	PB Sandwich Fruit or Sweet Juice of Choice	Tuna Sandwich Fruit or Sweet Juice of Choice	Chicken Sandwich Fruit or Sweet Juice of Choice	Bologna Sandwich Fruit or Sweet Juice of Choice	Cheese Sandwich Fruit or Sweet Juice of Choice	PB Sandwich Fruit or Sweet Juice of Choice	Egg Sandwich Fruit or Sweet Juice of Choice