

# SPRING VALLEY HEALTH CARE CENTER WEEKLY MENU

## SPRING WEEK FOUR

TIME		SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00 AM	Continental	Donut Cereal of Choice Fruit or Yogurt Juice, Coffee, Milk	Blueberry CC Cereal of Choice Fruit or Yogurt Juice, Coffee, Milk	Cinnamon Roll Cereal of Choice Fruit or Yogurt Juice, Coffee, Milk	Bakery Danish Cereal of Choice Fruit or Yogurt Juice, Coffee, Milk	Raisin Toast Cereal of Choice Fruit or Yogurt Juice, Coffee, Milk	Donut Holes Cereal of Choice Fruit or Yogurt Juice, Coffee, Milk	Mini Donuts Cereal of Choice Fruit or Yogurt Juice, Coffee, Milk
11:00 AM	Brunch	Potato Pancakes Ham Patty <b>OR</b> Stuffed Pepper Sliced Carrot Bread of Choice Strawberries  Milk/Coffee/Tea	Scramble Egg <b>OR</b> Country Steak Hash Brown Bake Asparagus Orange Delight English Muffin  Milk/Coffee/Tea	Ham Chowder Bologna/Cheese Sandwich <b>OR</b> Pea Soup PB/Jelly Sandwich Frozen Fruit Cup Milk/Coffee/Tea	Hamburger Gravy Mashed Potato <b>OR</b> Turkey/Cheese Pea/Mac Salad Stewed Tomatoe Cantaloupe Bread of Choice Milk/Coffee/Tea	Cheese Omelet Hash Browns <b>OR</b> Wild Rice Soup Turkey Sandwich Ambrosia Salad Cranberry Juice  Milk/Coffee/Tea	Minestrone Soup Ham Sandwich Tomato Slices <b>OR</b> French Toast Sausage Patty Orange Slices  Cherry Salad	Noodle Surprise Hot-Dish <b>OR</b> Cheesy Turkey Country Blend Pear 1/2 Banana Muffin  Milk/Coffee/Tea
2 PM	Siesta	Cherry Pie <b>OR</b> Applesauce Cup Juice and Coffee	Hersey's Brownie <b>OR</b> Pear Cup Juice and Coffee	Molasses Cookie <b>OR</b> Fruit Cup Juice and Coffee	Carrot Cake <b>OR</b> Peach Cup Juice and Coffee	Strawberry Jell-O <b>OR</b> Pear Cup Juice and Coffee	Lemon Cream Bar Applesauce Cup Juice and Coffee	Yellow Cake <b>OR</b> Peach Cup Juice and Coffee
5:00 PM	Supper	Classic Meatloaf <b>OR</b> Chicken Nuggets Baked Potato <b>Butter/Sour Cream</b> Frozen Squash Purple Lady Salad Bread of Choice Milk/Coffee/Tea	Baked Chicken <b>OR</b> Salmon Fillet Rice Medley Diced Beets Sliced Peaches Bread of Choice Milk/Coffee/Tea	Spaghetti <b>OR</b> Pizza  Lettuce Salad Dressing Diced Pears Garlic Toast Milk/Coffee/Tea	Chicken Chow Mien Over Rice <b>OR</b> Ham Casserole Broccoli Blueberry Salad  Rye Bread Milk/Coffee/Tea	Sweet/Sour Loin <b>OR</b> Cheddar Chicken Au-Gratin Potato Frozen Wax Bean Fruit Cocktail In Jell-O Bread of Choice Milk/Coffee/Tea	Shrimp <b>OR</b> Breaded Chop Baked Potato Apple Red Cabbage Diced Peaches Bread of Choice Milk/Coffee/Tea	Italian Chicken Breast Sandwich <b>OR</b> Cheeseburger  Potato Salad Baked Beans Watermelon Milk/Coffee/Tea
7:00 PM	Nightcap	Cheese Sandwich Fruit or Sweet Juice of Choice	Tuna Salad Sandwich Fruit or Sweet Juice of Choice	Chicken Salad Sandwich Fruit or Sweet Juice of Choice	Ham Salad Sandwich Fruit or Sweet Juice of Choice	Cheese Sandwich Fruit or Sweet Juice of Choice	Pork Salad Sandwich Fruit or Sweet Juice of Choice	Egg Salad Sandwich Fruit or Sweet Juice of Choice