

SPRING VALLEY HEALTH CARE CENTER SUMMER WEEK 3 MENU

TIME		SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8 - 9 AM	CB	Bakery Danish Cereal of Choice Fruit or Yogurt Juice, Coffee, Milk	Coffee Cake Cereal of Choice Fruit or Yogurt Juice, Coffee, Milk	Mini Donuts Cereal of Choice Fruit or Yogurt Juice, Coffee, Milk	Donut Wholes Cereal of Choice Fruit or Yogurt Juice, Coffee, Milk	Pumpkin Muffin Cereal of Choice Fruit or Yogurt Juice, Coffee, Milk	Raisin Toast Cereal of Choice Fruit or Yogurt Juice, Coffee, Milk	Pumpkin Muffin Cereal of Choice Fruit or Yogurt Juice, Coffee, Milk
11:00 AM	Brunch	Beef Stew Over Biscuit OR Hobo Casserole Wax Beans Diced Peaches Bread of Choice Milk/Coffee/Tea	Beef Veg. Soup Grilled Cheese Sandwich OR Waffles Sausage Link Cherry Salad Milk/Coffee/Tea	Scrambled Egg Toast OR Brat Patty & Bun Potato Bake Asparagus Fresh Strawberry Milk/Coffee/Tea	Hot Turkey Sand. OR Cheeseburger Hash Browns Diced Carrots Pickle Slices Cantaloupe Milk/Coffee/Tea	French Toast Strata OR Fried Egg/Toast Bacon Apple Juice Citrus Salad Milk/Coffee/Tea	Rueben Sand. Creamy Tomato OR Turkey/Mac Salad Bread Stick Creamy Cukes Pears in Jell-O Milk/Coffee/Tea	Creamed Chicken Over Biscuit OR Hamburger Gravy Mashed Potato Diced Beets Blueberries/Topp. Milk/Coffee/Tea
2 PM	Siesta	Sweet Treat OR Peach Cup Juice and Coffee	Sweet Treat OR Pear Cup Juice and Coffee	Bingo Applesauce Cup Juice and Coffee	Popcorn Fruit Cocktail Cup Juice and Coffee	Sweet Treat With Topping Juice and Coffee	Sweet Treat OR Peach Cup Juice and Coffee	Sweet Treat OR Pear Cup Juice and Coffee
5:00 PM	Supper	BBQ Chicken OR Cod Wedge Scalloped Potato Broccoli Cranberry and P-Apple Salad Bread of Choice Milk/Coffee/Tea	Corned Beef OR Ring Bologna Boiled Potato With Butter Boiled Cabbage Orange Sherbet HR Roll Milk/Coffee/Tea	Sweet and Sour Turkey OR Dill Baked Salmon Wild Rice Blend Oriental Vegetable Fruit Cocktail In Jell-O Bread of Choice Milk/Coffee/Tea	Pork Chop Supreme OR Meatballs O'Brien Potatoes Creamed Corn Diced Pears Bread of Choice Milk/Coffee/Tea	Salisbury Steak OR Chicken Kiev's Mashed Baby Red Potato Mushroom gravy Country Blend Watermelon Bread of Choice Milk/Coffee/Tea	Fish Almandine OR Veal Cutlet Baked Potato Sour cream/Butter California Blend Vanilla Pudding With Topping Bread of Choice Milk/Coffee/Tea	Roast Beef Gravy OR Pork Cutlet Sauerkraut Boiled Potatoes Emperors Blend Applesauce Bread of Choice Milk/Coffee/Tea
7:00 PM	Nightcap	Peanut Butter and Jelly Sandwich Fruit or Fruit Juice of Choice	Chicken Salad Sandwich Fruit or Sweet Juice of Choice	Cheese Sandwich Fruit or Sweet Juice of Choice	Turkey Salad Sandwich Fruit or Sweet Juice of Choice	Tuna Salad Sandwich Fruit or Sweet Juice of Choice	Egg Salad Sandwich Fruit or Sweet Juice of Choice	PB & Jelly Sandwich Fruit or Sweet Juice of Choice