

SPRING VALLEY HEALTH CARE CENTER WINTER WEEK 2 MENU

TIME		SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00 AM	Continental	Cereal of Choice Cinnamon Roll Fruit or Yogurt Juice, Coffee, Milk	Cereal of Choice Applesauce Muffin Fruit or Yogurt Juice, Coffee, Milk	Cereal of Choice Donut Holes Fruit or Yogurt Juice, Coffee, Milk	Cereal of Choice Raisin Toast Fruit or Yogurt Juice, Coffee, Milk	Cereal of Choice Pumpkin Muffin Fruit or Yogurt Juice, Coffee, Milk	Cereal of Choice BB Coffee Cake Fruit or Yogurt Juice, Coffee, Milk	Cereal of Choice Frosted Donut Fruit or Yogurt Juice, Coffee, Milk
11:00 AM	Brunch	Cinnamon/Apple French Toast Bake Syrup & Butter Ham Patty OR Chicken Soup Ham Sandwich Banana/Straw Cup Milk/Coffee/Tea	Egg & Sausage Bake & Toast OR Cheeseburger Tatar Tots Sliced Carrots Plum Parfait With Topping Milk/Coffee/Tea	Tomato Soup Grilled Cheese OR Waffles Syrup & Butter Sausage Patty Ambrosia Salad Milk/Coffee/Tea	Turkey Divan OR Cheese Omelet Tri-Tater Diced Tomatoes Pumpkin Muffin Fruit Salad Deluxe Milk/Coffee/Tea	Potato Soup Crackers Brat on Bun Pickle Spear OR Beef Burrito Bread of Choice Chateau Blend Cantaloupe Milk/Coffee/Tea	Aloha/Chicken Casserole Country Blend OR Poached Egg Toast Hash Brown Patty Mixed Berries Milk/Coffee/Tea	Pancakes Bacon OR Creamed Chicken Over Biscuit Peas Fruit Bake Bread of Choice Milk/Coffee/Tea
2 PM	Siesta	Cherry Pie OR Fruit Cup Coffee Or Juice	BB Cheesecake OR Peach Cup Coffee Or Juice	Deviled Eggs OR Applesauce Cup Coffee Or Juice	Choc. Pudding OR Pear Cup Coffee Or Juice	7 - Up Cake OR Fruit Cup Coffee Or Juice	Pear Choc. Bar OR Peach Cup Coffee Or Juice	Bread Pudding OR Pear Cup Coffee Or Juice
5:00 PM	Supper	Pork Roast OR Swiss Steak Potato W/Lumps Gravy Peas & Onions Dinner Roll Apple Sauce Mold Milk/Coffee/Tea	Meat Sauce Over Spaghetti OR Chicken/Spaghetti Casserole French Beans Bread Stick Pears In Jell-O Milk/Coffee/Tea	Kielbasa & Kraut OR Cod Wedge Potato Bake Harvard Beets Bread Of Choice Chocolate Cake Milk/Coffee/Tea	Ham OR Chicken Breast Fillet Au-Gratin Potato WK Corn Rye Bread Diced Peaches Milk/Coffee/Tea	Turkey Roast OR Meatballs Dressing & Gravy Rutabagas Bread of Choice Cranberry & P-Apple Salad Milk/Coffee/Tea	Battered Cod OR Cran/Apple Pork Baked Potato Butter/Sour Cream Broccoli Bread of Choice Fruit Cocktail Milk/Coffee/Tea	Country Steak Noodles & Gravy OR Lasagna California Blend Garlic Toast Mandarin Oranges Milk/Coffee/Tea
7:00 PM	Nightcap	Cheese Sandwich Fruit or Sweet Juice of Choice	Pork Salad Sandwich Fruit or Sweet Juice of Choice	Tuna Salad Sandwich Fruit or Sweet Juice of Choice	Bologna Salad Sandwich Fruit or Sweet Juice of Choice	Ham Salad Sandwich Fruit or Sweet Juice of Choice	Turkey Salad Sandwich Fruit or Sweet Juice of Choice	Egg Salad Sandwich Fruit Or Sweet Juice of Choice