

SVHCC FALL WEEK THREE MENU

TIME		SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00 AM	CB	Cereal of Choice Blueberry Muffin Fruit or Yogurt Juice, Coffee, Milk	Cereal of Choice Donut Fruit or Yogurt Juice, Coffee, Milk	Cereal of Choice Strudel Stick Fruit or Yogurt Juice, Coffee, Milk	Cereal of Choice Coffee Cake Fruit or Yogurt Juice, Coffee, Milk	Cereal of Choice Bakery Danish Fruit or Yogurt Juice, Coffee, Milk	Cereal of Choice Raisin Toast Fruit or Yogurt Juice, Coffee, Milk	Cereal of Choice Donut Holes Fruit or Yogurt Juice, Coffee, Milk
11:00 AM	Brunch	Chicken/Dumpling Country Blend OR Waffles Sausage Link Rhubarb Sauce Milk/Coffee/Tea	Ham/Cheese Mac Salad OR Sausage Gravy Cheesy Biscuit French Beans Peachy Pudding Milk/Coffee/Tea	Steak Sandwich OR BBQ Pork Cheesy Hash Browns Diced Tomatoes Grapes Milk/Coffee/Tea	Hearty Beef Stew Over Noodles Rye Bread OR Fried Egg & Toast Hash Brown Patty Cantaloupe Milk/Coffee/Tea	Split Pea Soup PB & Jelly Sandwich OR Chili Bologna Sandwich Cherry Salad Milk/Coffee/Tea	Oatmeal Pancake Sausage Patty OR Cornbread Skillet Wax Beans Orange Delight Milk/Coffee/Tea	Turkey Casserole OR Beef Stroganoff Broccoli Tropical Fruit Bread of Choice Milk/Coffee/Tea
2 PM	Siesta	Pumpkin Pie OR Fruit Cup Juice and Coffee	CC Cookie OR Peach Cup Juice and Coffee	Apple Crisp OR Pear Cup Juice and Coffee	Poke Cake Applesauce Cup Juice and Coffee	Peach Bar OR Pear Cup Juice and Coffee	German Brownie OR Fruit Cup Juice and Coffee	Snow Angels OR Peach Cup Juice and Coffee
5:00 PM	Supper	Pork Roast OR Veal Cutlet Mashed Potato Gravy Monte Carlo Vegetable Blend Banana's in Jell-O Bread of Choice Milk/Coffee/Tea	Garlic and Herb Chicken OR Kielbasa Wild Rice Blend Winter Mix Fruit Cocktail Lettuce Salad Bread of Choice Milk/Coffee/Tea	Porcupine Meatballs OR Parmesan Salmon Boiled Potato W/Parsley Butter Candied Carrots Pears in Jell-O Bread of Choice Milk/Coffee/Tea	Meatloaf OR Country Steak Mashed W/Skins Milk Gravy Creamed Peas P-Apple Bits Bread of Choice Milk/Coffee/Tea	Cheese Burger OR Brat Patty Pickle Spear Potato Salad Baked Beans Red Applesauce Milk/Coffee/Tea	Cod Nuggets OR Chicken Cordons Tartar Sauce Baked Potato Butter/Sour Cream Green Bean Bake Sliced Peaches Bread of Choice Milk/Coffee/Tea	Cran/P-Apple Chops OR Cube Steak Dilled Mashed Potato Rutabagas Fruited Jell-O Bread of Choice Milk/Coffee/Tea
7:00 PM	Nightcap	Tuna Sandwich Fruit or Sweet Juice of Choice	Pork Salad Sandwich Fruit or Sweet Juice of Choice	Cheese Sandwich Fruit or Sweet Juice of Choice	Egg Salad Sandwich Fruit or Sweet Juice of Choice	Ham Salad Sandwich Fruit or Sweet Juice of Choice	Cheese Sandwich Fruit or Sweet Juice of Choice	Turkey Salad Sandwich Fruit or Sweet Juice of Choice