

## SVHCC FALL WEEK THREE MENU

TIME		SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00 AM	CB	Cereal of Choice Blueberry Muffin Fruit or Yogurt Juice,Coffee,Milk	Cereal of Choice Donut Fruit or Yogurt Juice,Coffee,Milk	Cereal of Choice Blueberry Muffin Fruit or Yogurt Juice,Coffee,Milk	Cereal of Choice Coffee Cake Fruit or Yogurt Juice,Coffee,Milk	Cereal of Choice Bakery Danish Fruit or Yogurt Juice,Coffee,Milk	Cereal of Choice Raisin Toast Fruit or Yogurt Juice,Coffee,Milk
11:00 AM	Brunch	Chicken/Dumpling Country Blend <b>OR</b> Waffles Sausage Link  Rhubarb Sauce Milk/Coffee/Tea	Creamed Salmon <b>OR</b> Sausage Gravy Biscuit  French Beans Peachy Pudding Milk/Coffee/Tea	Steak Sandwich <b>OR</b> BBQ Pork Cheesy Hash Browns Diced Tomatoes Grapes Milk/Coffee/Tea	Hearty Beef Stew <b>OR</b> Chicken Alfredo Buttered Noodles Sliced Beets Cantaloupe Rye Bread Milk/Coffee/Tea	Split Pea Soup PB & Jelly Sandwich <b>OR</b> Chili Grilled Cheese Cherry Salad Milk/Coffee/Tea	Applesauce Oatmeal Pancake Ham Patty <b>OR</b> Scrambled Egg Hash Brown Patty Orange Delight Milk/Coffee/Tea
2 PM	Siesta	Sweet Treat <b>OR</b> Fruit Cup Juice and Coffee	Sweet Treat <b>OR</b> Peach Cup Juice and Coffee	Sweet Treat <b>OR</b> Pear Cup Juice and Coffee	Sweet Treat Applesauce Cup Juice and Coffee	Sweet Treat <b>OR</b> Pear Cup Juice and Coffee	Sweet Treat <b>OR</b> Fruit Cup Juice and Coffee
5:00 PM	Supper	Pork Roast <b>OR</b> Ring Bologna Mashed Potato Gravy Monte Carlo Vegetable Blend Banana's in Jell-O Bread of Choice Milk/Coffee/Tea	Garlic and Herb Chicken <b>OR</b> Veal Cutlet Wild Rice Blend Winter Mix Fruit Cocktail Lettuce Salad Bread of Choice Milk/Coffee/Tea	Porcupine Meatballs <b>OR</b> Salmon Fillet Boiled Potato W/Parsley Butter Candied Carrots Pears in Jell-O Bread of Choice Milk/Coffee/Tea	Ham Loaf <b>OR</b> Country Steak Mashed W/Skins Milk Gravy Creamed Peas  P-Apple Bits Bread of Choice Milk/Coffee/Tea	Cheese Burger <b>OR</b> Brat Patty Pickle Spear Potato Salad Baked Beans Red Applesauce  Milk/Coffee/Tea	Cod Nuggets <b>OR</b> Chicken Cordons Tartar Sauce Baked Potato Butter/Sour Cream Green Bean Bake Sliced Peaches Bread of Choice Milk/Coffee/Tea
7:00 PM	Nightca	Tuna Sandwich Fruit or Sweet	Pork Salad Sandwich Fruit or Sweet	Cheese Sandwich Fruit or Sweet	Egg Salad Sandwich Fruit or Sweet	Ham Salad Sandwich Fruit or Sweet	Cheese Sandwich  Fruit or Sweet

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**SATURDAY**

Cereal of Choice  
Donut Holes  
Fruit or Yogurt  
Juice, Coffee, Milk

Turkey Casserole  
**OR**  
Beef Stroganoff  
Broccoli  
  
Tropical Fruit  
Bread of Choice  
Milk/Coffee/Tea

Sweet Treat  
**OR** Peach Cup  
Juice and Coffee

Cran/P-Apple  
Chops  
**OR**  
Cube Steak  
Dilled Mashed  
Potato  
Rutabagas  
Fruited Jell-O  
Bread of Choice  
Milk/Coffee/Tea

Turkey Salad  
Sandwich  
Fruit or Sweet

Juice of Choice