

Spring Valley Health Care Fall Week 4 Menu

TIME		SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00	CB	Cereal of Choice Pumpkin Muffin Fruit or Yogurt Juice,Coffee,Milk	Cereal of Choice Cinnamon Roll Fruit or Yogurt Juice,Coffee,Milk	Cereal of Choice Pumpkin Muffin Fruit or Yogurt Juice,Coffee,Milk	Cereal of Choice Mini Donuts Fruit or Yogurt Juice,Coffee,Milk	Cereal of Choice Cherry CC Fruit or Yogurt Juice,Coffee,Milk	Cereal of Choice Raisin Toast Fruit or Yogurt Juice,Coffee,Milk
11:00 AM	Brunch	Waffles Bacon OR Fried Egg/Toast Potato Wedges Ambrosia Salad Cranberry Juice Milk/Coffee/Tea	French Toast Strata Sausage Patty OR Tomato Soup Grilled Cheese Strawberries Milk/Coffee/Tea	Cheesy Chili Corn Dog OR Broccoli Soup Chicken Salad Sandwich Watermelon Milk/Coffee/Tea	Fish Sandwich OR Hot Ham/Cheese Sandwich Potato Bake Coleslaw Blueberry Salad Milk/Coffee/Tea	Breakfast Casserole OR Beef Skillet Malt-O-Meal Muffin Tomato Slices Citrus Salad Milk/Coffee/Tea	Blueberry Bake Sausage Link OR Scramble/Toast Potato Triangle Watergate Salad Grape Juice Milk/Coffee/Tea
2:00 PM	Siesta	Apple Pie OR Applesauce Cup Juice and Coffee	Blueberry Cheesecake OR Pear Cup Juice and Coffee	Chocolate Cake OR Fruit Cup Juice and Coffee	Raspberry Bar OR Peach Cup Juice and Coffee	Rhubarb Sauce Juice and Coffee	Raspberry Bar OR Applesauce Cup Juice and Coffee
5:00 AM	Supper	Beef Roast OR Pork Cutlet Boiled Potato Gravy Country Blend Pear Slices Bread of Choice Milk/Coffee/Tea	Creole BBQ On a Bun OR Chicken Patty On a Bun Pickle Slices Au-Gratin Potato Frozen Carrot Diced Peaches Milk/Coffee/Tea	BBQ Ribs OR Meatballs Mashed W/Lumps Butter French Beans Apricots Lettuce Salad French Bread Milk/Coffee/Tea	Ring Bologna OR Salmon Fillet Scalloped Potato Zucchini Parmesan P-Apple in Jell-O HR Roll Milk/Coffee/Tea	Country Krisp Chicken OR Swiss Steak Mashed W/Skins Gravy Chateau Blend Peach Half Bread of Choice Milk/Coffee/Tea	Scrod OR Chicken Cacciatore Baked Potato Butter/Sour Cream Boiled Cabbage Plums Bread of Choice Milk/Coffee/Tea
7:00	Nigh	PB and Jelly Sandwich	Beef Salad Sandwich	Egg Salad Sandwich	Chicken Salad Sandwich	Bologna Salad Sandwich	Tuna Salad Sandwich

SATURDAY

Cereal of Choice
Donut Holes
Fruit or Yogurt
Juice, Coffee, Milk

Sheppard's Pie
OR
Ham Casserole
Harvard Beets
Bread Stick
Creamy Cukes
Pear Half's
Milk/Coffee/Tea

Oatmeal Raisin
Cookie
OR Pear Cup
Juice and Coffee

Chop Supreme
OR
Veal Parmesan
Sweet Potato
Bake
California Blend
Diced Peaches
In Jell-O
Bread of Choice
Milk/Coffee/Tea

PB and Jelly
Sandwich

Fruit or Sweet
Juice of Choice