

SPRING VALLEY HEALTH CARE CENTER SPRING WEEK 3 MENU

TIME		SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00 AM	Continental	Pumpkin Muffin Cereal of Choice Fruit or Yogurt Juice, Coffee, Milk	Donut Cereal of Choice Fruit or Yogurt Juice, Coffee, Milk	Cherry CC Cereal of Choice Fruit or Yogurt Juice, Coffee, Milk	Raisin Toast Cereal of Choice Fruit or Yogurt Juice, Coffee, Milk	Cinnamon Roll Cereal of Choice Fruit or Yogurt Juice, Coffee, Milk	Donut Holes Cereal of Choice Fruit or Yogurt Juice, Coffee, Milk	PB/CC Muffin Cereal of Choice Fruit or Yogurt Juice, Coffee, Milk
11:00 AM	Brunch	Brat & Kraut Soup Biscuit & Jelly OR Scrambled Egg Toast Apple/Carrot Bake Tropical Fruit Milk/Coffee/Tea	Cheesy Broccoli Bake OR Tomato Hot-Dish Monte Carlo Oranges in Jell-O Bread of Choice Milk/Coffee/Tea	Fried Egg/Toast American Fries OR French Toast Sticks Bacon Blueberries Milk/Coffee/Tea	Pizza Burger Asparagus Soup OR Grilled Cheese Tomato Soup Coleslaw Peachy Pudding Milk/Coffee/Tea	Pancakes Sausage Link OR Bratwurst Tater Tots Watermelon Milk/Coffee/Tea	Hash Brown Pie OR Ham/Cheese/Pea Macaroni Salad Stewed Tomatoes PB/CC Muffin P-Apple Chunks Milk/Coffee/Tea	Beef Stroganoff OR Cabbage Rolls Frozen Wax Bread Stick Peach Salad Milk/Coffee/Tea
2:00 PM	Siesta	Butterscotch Pudding Dessert OR Fruit Cup Juice and Coffee	CC Cookie OR Peach Cup Juice and Coffee	Summer Salad OR Applesauce Cup Juice and Coffee	White Cake OR Pear Cup Juice and Coffee	Cheese Cake OR Peach Cup Juice and Coffee	Banana Pudding OR Fruit Cup Juice and Coffee	Oatmeal Brownie OR Applesauce Cup Juice and Coffee
5:00 PM	Supper	BBQ Chicken OR Meatloaf Potato Salad Corn Fruit Cocktail Salad Bread of Choice Milk/Coffee/Tea	Swedish Meatball OR Liver & Onions Boiled Potato Mushroom Gravy Broccoli Peach Half's Bread of Choice Milk/Coffee/Tea	Swiss Steak OR Chicken Royal Mashed W/Skins Gravy Boiled Cabbage Pear Slices Rye Bread Milk/Coffee/Tea	Berry Glazed Ham OR Cod Wedge Whipped Sweet Potato Bake Chateau Blend Apricot Parfait Bread of Choice Milk/Coffee/Tea	Roast Turkey OR Pork Cutlets Cranberry Stuffing Gravy Rutabaga Applesauce Mold Bread of Choice Milk/Coffee/Tea	Lemon Cod OR Southern Style Chicken Tender Rosemary Potato Sweet Carrots Plums Bread of Choice Milk/Coffee/Tea	Pork Chop Supreme OR Ring Bologna O'Brien Potatoes Cauliflower Pear Slices HR Roll Milk/Coffee/Tea
7:00 PM	Nightcap	Tuna Salad Sandwich Fruit or Sweet Juice of Choice	Chicken Salad Sandwich Fruit or Sweet Juice of Choice	Peanut Butter Sandwich Fruit or Sweet Juice of Choice	Beef Salad Sandwich Fruit or Sweet Juice of Choice	Ham Salad Sandwich Fruit or Sweet Juice of Choice	Turkey Salad Sandwich Fruit or Sweet Juice of Choice	Cheese Sandwich Fruit or Sweet Juice of Choice