

## SPRING VALLEY HEALTH CARE CENTER SPRING WEEK 3 MENU

TIME		SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00 AM	Continental	Pumpkin Muffin Cereal of Choice Fruit or Yogurt Juice, Coffee, Milk	Donut Cereal of Choice Fruit or Yogurt Juice, Coffee, Milk	Cherry CC Cereal of Choice Fruit or Yogurt Juice, Coffee, Milk	Raisin Toast Cereal of Choice Fruit or Yogurt Juice, Coffee, Milk	Cinnamon Roll Cereal of Choice Fruit or Yogurt Juice, Coffee, Milk	Donut Holes Cereal of Choice Fruit or Yogurt Juice, Coffee, Milk	PB/CC Muffin Cereal of Choice Fruit or Yogurt Juice, Coffee, Milk
11:00 AM	Brunch	Polish Sausage <b>OR</b> Scrambled Egg Tri-Tater Candied Baby Carrots Diced Peachs Milk/Coffee/Tea	Cheesy Broccoli Bake Monte Carlo <b>OR</b> Fried Egg/Toast American Fries Oranges in Jell-O Milk/Coffee/Tea	Tomato Hot-dish <b>OR</b> Biscuit Gravy Bake French Beans Bread of Choice Blueberries Milk/Coffee/Tea	Pizza Burger Asparagus Soup <b>OR</b> Grilled Cheese Tomato Soup Coleslaw Peachy Pudding Milk/Coffee/Tea	Pancakes Sausage Link <b>OR</b> Bratwurst Tater Tots Watermelon Milk/Coffee/Tea	Hash Brown Pie <b>OR</b> Ham/Cheese/Pea Macaroni Salad Stewed Tomatoes PB/CC Muffin P-Apple Chunks Milk/Coffee/Tea	Chicken Alfredo <b>OR</b> Cabbage Rolls Frozen Wax Garlic Toast Peach Salad Milk/Coffee/Tea
2:00 PM	Siesta	Butterscotch Pudding Dessert <b>OR</b> Fruit Cup Juice and Coffee	CC Cookie <b>OR</b> Peach Cup Juice and Coffee	Summer Salad <b>OR</b> Applesauce Cup Juice and Coffee	White Cake <b>OR</b> Pear Cup Juice and Coffee	Cheese Cake <b>OR</b> Peach Cup Juice and Coffee	Banana Pudding <b>OR</b> Fruit Cup Juice and Coffee	Oatmeal Brownie <b>OR</b> Applesauce Cup Juice and Coffee
5:00 PM	Supper	BBQ Chicken <b>OR</b> Meatloaf Potato Salad Corn Fruit Cocktail Salad Bread of Choice Milk/Coffee/Tea	Swedish Meatball <b>OR</b> Liver & Onions Boiled Potato Mushroom Gravy Broccoli Peach Half's Bread of Choice Milk/Coffee/Tea	Swiss Steak <b>OR</b> Chicken Royal Mashed W/Skins Gravy Cheesy Cabbage Pear Slices Rye Bread Milk/Coffee/Tea	Berry Glazed Ham <b>OR</b> Cod Wedge Whipped Sweet Potato Bake Chateau Blend Apricot Parfait Bread of Choice Milk/Coffee/Tea	Roast Turkey <b>OR</b> Pork Cutlets Cranberry Stuffing Gravy Rutabaga Applesauce Mold Bread of Choice Milk/Coffee/Tea	Lemon Cod <b>OR</b> Southern Style Chicken Tender Rosemary Potato Sweet Carrots Plums Bread of Choice Milk/Coffee/Tea	Pork Chop Supreme <b>OR</b> Ring Bologna O'Brien Potatoes Med Blend Pear Slices HR Roll Milk/Coffee/Tea
7:00 PM	Nightcap	Tuna Salad Sandwich Fruit or Sweet Juice of Choice	Chicken Salad Sandwich Fruit or Sweet Juice of Choice	Peanut Butter Sandwich Fruit or Sweet Juice of Choice	Beef Salad Sandwich Fruit or Sweet Juice of Choice	Ham Salad Sandwich Fruit or Sweet Juice of Choice	Turkey Salad Sandwich Fruit or Sweet Juice of Choice	Cheese Sandwich Fruit or Sweet Juice of Choice