

## SPRING VALLEY HEALTH CARE CENTER SUMMER WEEK ONE

MEAL		SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8 - 9 AM	CB	Donut Cereal of Choice Fruit or Yogurt Juice,Coffee,Milk	Banana Muffin Cereal of Choice Fruit or Yogurt Juice,Coffee,Milk	Mini Donuts Cereal of Choice Fruit or Yogurt Juice,Coffee,Milk	Cinnamon Roll Cereal of Choice Fruit or Yogurt Juice,Coffee,Milk	Raisin Toast Cereal of Choice Fruit or Yogurt Juice,Coffee,Milk	Donut Hole Cereal of Choice Fruit or Yogurt Juice,Coffee,Milk	Bran Muffin Cereal of Choice Fruit or Yogurt Juice,Coffee,Milk
		11:00 AM	Brunch	Pancakes Syrup & Butter Bacon <b>OR</b> Creamed Turkey Over Muffin California Blend Strawberries Milk/Coffee/Tea	Grilled Ham & Cheese on Rye Potato Soup <b>OR</b> Sausage Gravy Over Biscuit French Beans Mandarin Oranges Milk/Coffee/Tea	Croissant Casserole Diced Tomatoes Toast <b>OR</b> Fried Egg Grilled Hot Dog Chili Watermelon Milk/Coffee/Tea	Chicken And Dumplings Bread of Choice <b>OR</b> Fried Egg Hash brown Patty Asparagus Honeydew Milk/Coffee/Tea	Ham and Cheese Casserole <b>OR</b> Beef Burrito Chateau Blend Cornbread Honey & Butter Mixed Berries Milk/Coffee/Tea
2 PM	Siesta	Apple Pie <b>OR</b> Applesauce Cup Juice and Coffee	Blueberry Crunch <b>OR</b> Peach Cup Juice and Coffee	White Cake <b>OR</b> Fruit Cup Juice and Coffee	Choc. Pudding <b>OR</b> Pear Cup Juice and Coffee	Kit Kat Bar <b>OR</b> Orange Cup Juice and Coffee	Cherry Cheese Cake <b>OR</b> Applesauce Cup Juice and Coffee	PB Cookie <b>OR</b> Peach Cup Juice and Coffee
5:00 PM	Supper	Meatloaf <b>OR</b> Pork Fritter Baked Potato Sour Cream/Butter Green Beans Bananas in Jell-O Bread of Choice Milk/Coffee/Tea	Baked Chicken <b>OR</b> Veal Cutlet Cranberries Dressing W/Gravy Glazed Carrot Fruit salad Dinner Roll Milk/Coffee/Tea	Ring Bologna <b>OR</b> Bavarian Meatball Au Gratin Potato Cauliflower Diced Peaches Bread of Choice Milk/Coffee/Tea	Orange Glazed Pork Chop <b>OR</b> Country Steak Potato Miracle Diced Beets Applesauce Bread of Choice Milk/Coffee/Tea	Spaghetti With Meatballs <b>OR</b> Hamburger Gravy Mashed Potato Wax Bean Garlic Toast Sunshine Salad Milk/Coffee/Tea	Scrod <b>OR</b> Chicken Strips Baked Potato Sour Cream/Butter Broccoli Dinner Roll Rhubarb Sauce Milk/Coffee/Tea	Grilled Burger <b>OR</b> BBQ Pork Baked Beans Tomato Slices Crushed P-Apple W/Cherry Milk/Coffee/Tea
7:00 PM	Nightcap	Egg Salad Sandwich Fruit or Sweet Juice of Choice	Peanut Butter and Jelly Sandwich Fruit or Sweet Juice of Choice	Chicken Salad Sandwich Fruit or Sweet Juice of Choice	Bologna Salad Sandwich Fruit or Sweet Juice of Choice	Tuna Salad Sandwich Fruit or Sweet Juice of Choice	Ham Salad Sandwich Fruit or Sweet Juice of Choice	Chicken Salad Sandwich Fruit or Sweet Juice of Choice