

SPRING VALLEY HEALTH CARE CENTER SUMMER WEEK 3 MENU

TIME		SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8 - 9 AM	CB	Mini Donuts Cereal of Choice Fruit or Yogurt Juice, Coffee, Milk	Coffee Cake Cereal of Choice Fruit or Yogurt Juice, Coffee, Milk	Bakery Danish Cereal of Choice Fruit or Yogurt Juice, Coffee, Milk	Donut Wholes Cereal of Choice Fruit or Yogurt Juice, Coffee, Milk	Pumpkin Muffin Cereal of Choice Fruit or Yogurt Juice, Coffee, Milk	Raisin Toast Cereal of Choice Fruit or Yogurt Juice, Coffee, Milk	Frosted Donut Cereal of Choice Fruit or Yogurt Juice, Coffee, Milk
11:00 AM	Brunch	Beef Stew Over Biscuit OR Hobo Casserole Wax Beans Diced Peaches Bread of Choice Milk/Coffee/Tea	Beef Veg. Soup Grilled Cheese Sandwich OR Waffles Sausage Link Cherry Salad Milk/Coffee/Tea	Scrambled Egg Toast OR Brat Patty & Bun Potato Bake Asparagus Fresh Strawberry Milk/Coffee/Tea	Cheeseburger OR Fried Egg Toast Hash Browns Diced Carrot Cantaloupe Milk/Coffee/Tea	French Strata Bacon OR Hot Turkey Sand. Tater-Tots Apple Juice Citrus Salad Milk/Coffee/Tea	Rueben Sand. Creamy Tomato OR Turkey/Mac Salad Rye Bread Creamy Cukes Pears in Jell-O Milk/Coffee/Tea	Creamed Chicken Over Biscuit OR Hamburger Gravy Mashed Potato Diced Tomato Blueberries/Topp. Milk/Coffee/Tea
2 PM	Siesta	Peach Pie OR Peach Cup Juice and Coffee	Bread Pudding OR Pear Cup Juice and Coffee	Gingerbread Applesauce Cup Juice and Coffee	Lemon Bar Fruit Cocktail Cup Juice and Coffee	Jell-O Cubes With Topping Juice and Coffee	Banana Cake OR Peach Cup Juice and Coffee	PB Cookie OR Pear Cup Juice and Coffee
5:00 PM	Supper	BBQ Chicken OR Cube Steak Scalloped Potato Squash Cranberry and P-Apple Salad Bread of Choice Milk/Coffee/Tea	Corned Beef OR Ring Bologna Boiled Potato With Butter Boiled Cabbage Orange Sherbet HR Roll Milk/Coffee/Tea	Sweet and Sour Turkey OR Dill Baked Salmon Wild Rice Blend Brussel Sprouts Fruit Cocktail In Jell-O Bread of Choice Milk/Coffee/Tea	Pork Chop Supreme OR Salisbury Steak O'Brien Potatoes California Blend Diced Pears Bread of Choice Milk/Coffee/Tea	Swedish Meatball OR Chicken Kiev's Mashed Baby Red Potato Mushroom gravy Country Blend Watermelon Bread of Choice Milk/Coffee/Tea	Fish Almandine OR Veal Cutlet Baked Potato Sour cream/Butter French Bean Vanilla Pudding With Topping Bread of Choice Milk/Coffee/Tea	Roast Beef Gravy OR Pork Cutlet Sauerkraut Boiled Potatoes Chateau Blend Applesauce Bread of Choice Milk/Coffee/Tea
7:00 PM	Nightcap	Peanut Butter and Jelly Sandwich Fruit or Fruit Juice of Choice	Chicken Salad Sandwich Fruit or Sweet Juice of Choice	Cheese Sandwich Fruit or Sweet Juice of Choice	Turkey Salad Sandwich Fruit or Sweet Juice of Choice	Tuna Salad Sandwich Fruit or Sweet Juice of Choice	Egg Salad Sandwich Fruit or Sweet Juice of Choice	PB & Jelly Sandwich Fruit or Sweet Juice of Choice