

## SPRING VALLEY HEALTH CARE CENTER WINTER WEEK 2 MENU

TIME		SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00 AM	Continental	Cereal of Choice Cinnamon Roll Fruit or Yogurt Juice, Coffee, Milk	Cereal of Choice Applesauce Muffin Fruit or Yogurt Juice, Coffee, Milk	Cereal of Choice Donut Holes Fruit or Yogurt Juice, Coffee, Milk	Cereal of Choice Raisin Toast Fruit or Yogurt Juice, Coffee, Milk	Cereal of Choice Pumpkin Muffin Fruit or Yogurt Juice, Coffee, Milk	Cereal of Choice BB Coffee Cake Fruit or Yogurt Juice, Coffee, Milk	Cereal of Choice Frosted Donut Fruit or Yogurt Juice, Coffee, Milk
11:00 AM	Brunch	Cinnamon/Apple <b>French Toast Bake</b> Syrup & Butter Ham Patty <b>OR</b> Chicken Soup Ham Salad Sand. Banana/Straw Cup Apple Juice Milk/Coffee/Tea	Egg & Sausage Bake & Toast <b>OR</b> Cheeseburger Tatar Tots Sliced Carrots  Plum Parfait With Topping Milk/Coffee/Tea	Tomato Soup Grilled Cheese <b>OR</b> Waffles Syrup & Butter Sausage Patty Cranberry Juice Ambrosia Salad Milk/Coffee/Tea	Turkey Divan <b>OR</b> Scrambled Egg Tri-Tater Diced Tomatoes Pumpkin Muffin Fruit Salad Deluxe Milk/Coffee/Tea	Potato Soup Crackers Brat on Bun Pickle Spear <b>OR</b> Beef Burrito Bread Stick Chateau Blend Cantaloupe Milk/Coffee/Tea	Aloha/Chicken Casserole Country Blend <b>OR</b> Poached Egg Toast Hash Brown Patty Orange Juice Mixed Berries Milk/Coffee/Tea	Pancakes Bacon <b>OR</b> Creamed Chicken Over Biscuit Sliced Beets Fruit Bake Bread of Choice Milk/Coffee/Tea
2 PM	Siesta	Cherry Pie <b>OR</b> Fruit Cup Coffee Or Juice	BB Cheesecake <b>OR</b> Peach Cup Coffee Or Juice	Deviled Eggs <b>OR</b> Applesauce Cup Coffee Or Juice	Choc. Pudding <b>OR</b> Pear Cup Coffee Or Juice	7 - Up Cake <b>OR</b> Fruit Cup Coffee Or Juice	Pear Choc. Bar <b>OR</b> Peach Cup Coffee Or Juice	Bread Pudding <b>OR</b> Pear Cup Coffee Or Juice
5:00 PM	Supper	Pork Roast <b>OR</b> Swiss Steak Potato W/Lumps Gravy Peas & Onions Dinner Roll Apple Sauce Mold Milk/Coffee/Tea	Meat Sauce Over Spaghetti <b>OR</b> Chicken/Spaghetti Casserole French Beans Bread Stick Pears In Jell-O Milk/Coffee/Tea	Kielbasa & Kraut <b>OR</b> Cod Wedge Potatoes W/Skins Parsley Butter Harvard Beets Bread Of Choice Chocolate Cake Milk/Coffee/Tea	Ham <b>OR</b> Chicken Breast Fillet Au-Gratin Potato WK Corn Rye Bread Diced Peaches Milk/Coffee/Tea	Turkey Roast <b>OR</b> Meatballs Dressing & Gravy Rutabagas Bread of Choice Cranberry & P-Apple Salad Milk/Coffee/Tea	Battered Cod <b>OR</b> Cran/Apple Pork Baked Potato <b>Butter/Sour Cream</b> Broccoli Bread of Choice Fruit Cocktail Milk/Coffee/Tea	Veal Scaloppini Noodles & Gravy <b>OR</b> Lasagna Summer Blend Garlic Toast Salad & Dressing Sugar Cookie Milk/Coffee/Tea
7:00 PM	Nightcap	Cheese Sandwich Fruit or Sweet Juice of Choice	Pork Salad Sandwich Fruit or Sweet Juice of Choice	Tuna Salad Sandwich Fruit or Sweet Juice of Choice	Bologna Salad Sandwich Fruit or Sweet Juice of Choice	Ham Salad Sandwich Fruit or Sweet Juice of Choice	Turkey Salad Sandwich Fruit or Sweet Juice of Choice	Egg Salad Sandwich Fruit Or Sweet Juice of Choice